

ROCCO & RILEY



BREAKFAST (ALL DAY)

Breakfast bun	45
<i>Toasted bun with fried egg, bacon, homemade tomato & onion relish and cheese</i>	
Boss breakfast bun	55
<i>Three layers of toasted white bun with 2 fried eggs, 3 rashers of bacon, homemade tomato & onion relish and cheese</i>	
Breakfast wrap	52
<i>Two scrambled eggs, bacon, homemade tomato & onion relish, cheese and crisp greens on a whole wheat wrap</i>	
Wakey wakey	55
<i>Two eggs (any way), two rashers of bacon, half a fried tomato, fried mushrooms, whole wheat toast with butter and jam</i>	
Ham & cheese croissant	47
<i>Freshly baked croissant with creamy sundried tomato mayo, crisp greens, ham and cheese</i>	
Fruit & yoghurt	45
<i>Full cream yogurt, seasonal fruit and honey topped with almonds</i>	
Egg croissant	50
<i>Croissant with fried egg, bacon, homemade tomato & onion relish and cheese</i>	
Omelette	52
<i>Three egg omelette with any two fillings</i>	
+ Egg whites only	10
<i>(See our Make Your Own Menu for filling options)</i>	
Smashed avo on toast	44
<i>Two slices whole wheat toast, smashed avo, red onion and coriander</i>	

French toast	52
<i>Two slices of French toast with banana, honey and dried cranberries</i>	
Warm oats	45
<i>Warm oats with banana, dried cranberries, almonds and a drizzle of honey</i>	

PASTA

Beef lasagne	65
Vegetarian lasagne	57
Bacon Alfredo	65
Vegetarian Alfredo	57
Creamy tomato (vegan)	57

SALADS

		<i>Peckish/Hangry</i>
Roast veg and couscous salad	63	
<i>Roast vegetables with couscous, feta and sundried tomatoes</i>		
Butternut, beetroot and feta	46	60
<i>Honey roasted butternut with beetroot, feta, tomatoes, cucumber, crisp greens and pumpkin seeds</i>		
+ Add chicken	+19	
R&R chicken and avo	50	70
<i>Chicken grilled the special R&R way on a bed of crisp lettuce, tomato, cucumber, creamy feta, avocado and crunchy croutons</i>		
Sticky beef	50	70
<i>Seared beef in our secret sweet sticky sauce on a bed of crisp lettuce, creamy feta, tomato, cucumber, crisp croutons and balsamic reduced onions</i>		
Tuna mayo	50	70
<i>Fab tuna mayo on a bed of crisp greens, tomato, onion, cucumber, carrot, bean sprouts and croutons</i>		
Fruit salad	36	50





SANDWICHES

- Avo, brie and beetroot chutney**..... 47
Avo, creamy brie and homemade beetroot chutney and crisp greens on two slices of whole wheat loaf
- Ham & cheese**..... 44
Ham and cheese, crisp greens and honey mustard mayo on a white bun
- Chicken mayo**..... 48
Delicious chicken fillet smothered in honey mustard mayo on a bed of crisp greens served on two slices of whole wheat loaf
- Roast beef on bun**..... 50
Roast beef, gherkins, hot English mustard mayo with crisp lettuce on a white bun
- Pastrami & mozzarella**..... 52
Pastrami and mozzarella on twosomes of whole wheat loaf, toasted
- Tuna mayo**..... 48
Creamy tuna mayo with crisp greens in on 2 slices of whole wheat loaf
- Bacon, guac and cheese**..... 48
Bacon, cheese and guacamole on two slices of whole wheat bread, toasted



MANWICHES

- Roast beef**..... 61
Generous portion of roast beef, tomato, gherkins, hot English mustard mayo with crisp lettuce on three slices of whole wheat loaf
- BLT**..... 58
Double portion bacon, lettuce, tomato with our secret mayo on three slices of whole wheat loaf
+ Add fried egg 6
- Club**..... 61
Plenty of grilled chicken, bacon, tomato, lettuce and creamy paprika mayo wedged between three slices of whole wheat loaf
- Chicken Avo**..... 58
Delicious chicken fillet smothered in honey mustard mayo with fresh avo on a bed of crisp greens served on three slices of whole wheat loaf



WRAPS

Peckish/Hangry

- Tropical chicken wrap**..... 45 61
Grilled chicken, crisp greens, cucumber, carrot, creamy cheese and pineapple wrapped up in a whole wheat wrap with sweet chilli mayo
- Sweet & sour beef wrap**..... 47 62
Braised in our secret sauce and wrapped up tight in a whole wheat wrap with crisp greens, sesame seeds, cucumber and bean sprouts
- Baconator**..... 47 62
Bacon, feta, crisp greens, guacamole, cucumber and yes, more bacon with parsley mayo
- R&R chicken wrap**..... 47 62
Our special R&R grilled chicken with cucumber, carrot, crisp greens, guacamole and cheese on a whole wheat wrap with mayo
- Roast veg wrap**..... 46 59
Cream cheese, roast veg, feta, crisp greens and cucumber on a whole wheat wrap
- Clean wrap**..... 40 54
Hummus, guacamole, feta, carrots, bean sprouts, cucumber, crisp greens and basil with sundried tomatoes on a whole wheat wrap
- Rainbow wrap**..... 46 59
Home made beetroot chutney, avo, butternut, peppers, carrot, cucumber, crisp greens on a whole wheat wrap (vegan)



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